Skilled for Health: St Peter's Church of England aided School

Autumn Term 2010: Mondays

	24th Sept		1st Oct		7th Oct		14th Oct		21st Oct		29th Oct	4th Nov		11th Oct		18th Oct		25th Oct		2nd Dec	
	6 - 7pm	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***		***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***	***6 - 7pm***	***7 - 8pm***
Dance Studio	Dance	Legs, Bums & Tums	Ball Pilates	Dance	Legs, Bums & Tums	Step	Salsacise	Band Pilates	Step	Salsacise	***Half Term***	Dance	Legs, Bums & Tums	Ball Pilates	Dance	Legs, Bums & Tums	Steps	Salsacise	Ball pilates	Step	Salsacise
Fitness Suite	Open fitness drop-in for all		Open fitness drop-in for all		Open fitness drop-in for all		Open fitness drop-in for all		Open fitness drop-in for all			Open fitness drop-in for all		Open fitness drop-in for all		Open fitness drop-in for all		Open fitness drop-in for all		Open fitness drop-in for all	
Atrium & Outside	Multiskills (for 5+)		Multiskills (for 5+)		Multiskills (for 5+)		Multiskills (for 5+)		Multiskills (for 5+)			Multiskills (for 5+)		Multiskills (for 5+)		Multiskills (for 5+)		Multiskills (for 5+)		Multiskills (for 5+)	