

Welcome to the Enrichment Week booklet for 2010 *Promoting Successful Learners, Confident Individuals and Responsible Citizens'.*

Enrichment Week 2010

Enrichment Week is an important part of the calendar at St. Luke's Science and Sports College. We believe whole heartedly that every student should be challenged to try new activities throughout the week whilst also having the opportunity to engage in those pastimes that they are truly passionate about. During the week of 19th – 23rd July 2010, the normal College timetable will be suspended for Years 7, 8, 9 and 10. Students and staff will spend the week participating in a variety of activities not traditionally available during the normal College day. The week is an opportunity to increase the breadth and depth of the education we offer and also to allow staff and students to work together in different situations. Students will be given the chance to reflect upon their experiences and achievements during the course of the week and in particular celebrate their successes during our whole school end of year 'Celebration Day'. The Celebration Day will be held on Friday 23rd July where all students (except those on Over Sea's Residential Trips) will be expected back at school to enjoy our end of year Challenge Day.

Attendance – All students in Years 7, 8, 9 and 10 must take part in the week and return the necessary forms.

We regard Enrichment Week as an important part of your son or daughter's education, and expect **normal attendance**. Reasons for non-attendance will be required as usual since the College has to provide details of all unauthorised absences to the Department for Education. Every absence must be supported by a parental explanation which will be authorised by the College if the reason is acceptable i.e. illness, medical appointment, emergency, religious observance or business that could not take place at any other time (e.g. music examination).

In the event of a non-return, the student will be allocated to the on-site activities which will include voluntary work both in the college and across the local community.

Payment for Activities

All costs are approximate and will usually depend on the final number of students taking part in each activity. Arrangements have been made to subsidise activities where possible and so we ask you to contribute the amount stated for the chosen activity. If there are insufficient contributions or numbers for a particular activity or for the whole week in general, then that specific activity may have to be cancelled or the whole week suspended and the normal school timetable resumed.

On receipt of this booklet, parents are asked to complete the enclosed forms as noted below and send in the first payment which will act as a non-refundable deposit. On receipt of this payment a confirmation letter will be issued to all students accompanied by a payment card. Please ensure that this payment card is brought in with all subsequent payments so that your contributions can be monitored effectively.

The completed forms and deposits should be given to all tutors during the week beginning Monday 30th November; these will then be collected from tutors by the Activities Week Coordinator. In the interest of security please ensure that cheques are made payable to St. Luke's Science and Sports College and placed in a secure envelope, with the student's name, tutor group & activity written on the front.

In order to ensure that all students can access the Curriculum Enrichment Week; a specific programme of activities will be available to any student at no cost. All of these activities will be held on the school site and students from any year group are able to opt in to this.

Enrichment Week Standing Order Savings Scheme

Enrichment Week will be a permanent fixture within the College Calendar for the foreseeable future and so in order to support parents/carers to financially plan for their son/daughters involvement we are establishing the Enrichment Week savings programme. Parents/carers will be able to deposit a set amount of money each month, affordable to you, in to a St. Luke's savings account which will ensure that your contributions to Enrichment Week are covered each year. Please contact Bronia Burland at <u>bburland@st-lukes.devon.sch.uk</u> to obtain the relevant forms to set-up your Standing Order.

If any parents/carers would like to discuss any of the financial details above please do not hesitate to contact Kealey Sherwood at <u>ksherwood@st-lukes.devon.sch.uk</u> or telephone 01392 204600.

The Enrichment Week Programme

The programme for the week has been designed to offer a wide and varied number of activities for all of our youngsters to participate in. Each year group will rotate around four activities designed to open their eyes to a range of subjects and experiences including Art, Drama, Dance, Music, Science, Sport, Outdoor Education, Cookery, Media, IT and much more.

For years 7 – 9, the programme of activities has been set and all students will participate in each of the activities on offer for that particular year group over the four days. For students in Year 10, there is a choice of continuing with the rotation of activities or selecting 4-day options based on their interests and preferences.

International Trips

This year all students will be able to opt for an International Residential Trip which will enable them to experience new cultures and develop upon their foreign language skills. Details of the two trips available are included within this booklet.

Attendance and Behaviour

During Enrichment Week, it is essential that students adopt the same standards of behaviour that we expect every day in school. Throughout the whole week students will be representing St. Luke's in a variety of settings and it is our collective responsibility to ensure that they are respectful of the venues that they use and the individuals who are delivering the sessions.

Any students not adhering to the usual standards of behaviour will be removed from the activities and the usual school sanctions will be implemented. At all times parents/carers will be made aware of any such incidents. Please discuss this with your son/daughter as under such circumstances refunds will not be given for monies committed to third parties providers.

Students will not be expected to wear school uniform throughout the week but please take note of the essential information for your year group activities as they may require particular kit to be worn.

Health and Safety

In line with current policy and practices, all external providers will complete the necessary checks to ensure that they are suitably qualified and experienced, including confirmation of safeguarding procedures. At all times activities will be supported by staff from St. Luke's to the appropriate staffing ratios. All activities will be assessed in terms of risk and appropriate measures put in place.

May we take this opportunity to wish every one of our students an enjoyable Enrichment Week and we look forward to celebrating your achievements and experiences with you on our final day of term.

Kealey Sherwood Director of Community

Curriculum Enrichment Week – Timetable of Actions

| Booklet Distributed to Students | Wednesday 11 th November 2009 |
|---|---|
| Promotional Assemblies | Week Beg 16 th November 2009 |
| Booking Form & Deposit Deadline | Monday 30 th November – Friday 4 th December 2009 |
| Group & Activity Lists Produced | End of Autumn Term |
| Confirmation of Group Lists/Activity to Students | Friday 8 th January 2010 |
| 1 st Instalment Deadline/Standing Order Set-up | Friday 6 th February 2010 |
| 2 nd Instalment Deadline | Friday 3 rd April 2010 |
| 3 rd Instalment Deadline | Friday 22 nd May 2010 |
| 4 th Instalment Deadline | Friday 19 th June 2010 |
| Curriculum Enrichment Week | 19 th – 23 rd July 2010 |

Please note that the residential trips will have different instalment times.

Year 7

For students in Year 7; Enrichment Week will be a whole 'African' experience. Based on-site at St. Luke's you will be working with Denis Kigongo and his team from Abantu Arts to have a go at everything from African Drumming to Mask Making to African Survival Skills. All culminating in your end of week performance where you will showcase your skills to your peers and invited family.



| Monday | | Tuesday | Wednesday | Thursday |
|------------------|-------|---------------------|------------------|--------------------|
| Drama Workshop | Afri | can Survival Skills | Drama Workshop | Final Production |
| African Singing | Afri | an Mask Making | African Singing | Rehearsals |
| African Drumming | Afri | can Survival Skills | African Drumming | Final Performances |
| African Dancing | Afrio | an Mask Making | African Dancing | (Parents Invited) |

Abantu Arts is the creation of Ugandun drummer and artistic teacher Denis Kigongo. Denies works with a team of African artists, musicians, dancers and storytellers who bring together their experiences of life in Africa and transfer these in a fun week of culture, music, art, drama and crafts.

Financial Contribution = £25 Deposit = £10



| nowledge & Understanding of the World Team Workers Effective Participants Self-Managers | nowleade & Understanding of the world | |
|---|---------------------------------------|---------------|
| | | |
| Self-Managers | | |
| | | Self-Managers |
| | | |

Year 8

Year 8 students will rotate around 4 activities including the opportunity to spend a day with our resident art specialists, a visit to Plymouth Aquarium, cookery classes and an overnight residential out on Dartmoor.

| Big Art | Big Art | Big Art | Big Art |
|-----------------------|-----------------------|-----------------------|-----------------------|
| Overnight Residential | Overnight Residential | Overnight Residential | Overnight Residential |
| (inc Camping, Hill | (inc Camping, Hill | (inc Camping, Hill | (inc Camping, Hill |
| Walking & Mountain | Walking & Mountain | Walking & Mountain | Walking & Mountain |
| Biking) | Biking) | Biking) | Biking) |
| Plymouth Aquarium | Plymouth Aquarium | Plymouth Aquarium | Plymouth Aquarium |
| Food for Entertaining | Food for Entertaining | Food for Entertaining | Food for Entertaining |

Art Experience

A full day of exciting Art will be on offer with students having the chance to learn new techniques and skills. All students will produce a final piece as part of their Art Experience.

Overnight Residential

Based out in Princetown in the heart of the Dartmoor National Park, all students will get the opportunity to camp overnight; learning how to pitch tents, cook out in the open and will experience a range of activities including story-telling, woodcraft and more. During the day, students will have the opportunity to enjoy a guided walk on the moor and a guided Mountain Bike ride.

Plymouth Aquarium

Find out what lies deep beneath our oceans through a visit to the famous Plymouth Aquarium. You will access educational talks and workshops as well as exploring the Aquarium and its unusual inhabitants.



Food for Entertaining



Learn what it takes to put on a fantastic dinner party for your family and friends.

Financial Contribution = £45 Deposit Required = £15

| Curriculum Areas Supported | Personal, Learning & Thinking Skills |
|---|--------------------------------------|
| Creative Development | Creative Thinkers |
| Knowledge & Understanding of the World | Team Workers |
| Personal, Social & Economic Development | Effective Participants |
| | Independent Enquirers |
| | Self-Managers |



Year 9

Year 9 students will enjoy 4 days of Surfing/Beach Sports, Outdoor Educational activities including Climbing, Kayaking and High Ropes, a visit to Paignton Zoo and day looking at the world of film which will include a trip to the Cinema.

| Beach Sports & Surf School |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| Paignton Zoo | Paignton Zoo | Paignton Zoo | Paignton Zoo |
| Funky Film | Funky Film | Funky Film | Funky Film |
| Calvert Centre, | Chudleigh Rock | Chudleigh Rock | Chudleigh Rock |
| Exmoor | Centre | Centre | Centre |

Beach Sports & Surf School



Fancy a day on a beautiful Devon beach? Students will enjoy a surf lesson and various beach sports including cricket, volleyball and tag rugby. There will also be a chance of course for some sunbathing, competitive sand sculpting and the odd ice cream.

Paignton Zoo

Your chance to find out about the many animals from around the world that live on our doorstep at Paignton Zoo.

followed by a land-based activity designed to test your skills of the



Funky Film



Calvert Centre

outdoors.

Learn about your favourite film makers and techniques of film making and storytelling. Discover the true genius behind films that have changed the way we look at our world. The climax of the day is an afternoon trip to the cinema in Exeter.

This centre is designed to provide students with a taste of the outdoors and will be offering a water-based activity such as Kayaking or Sailing



Chudleigh Rock Centre



Have you got what it takes to climb up a rock and abseil down by rope? Once you have mastered that you will then have the opportunity to experience the high ropes through the tree-tops followed by the amazing zip-wire.

Financial Contribution = £70 Deposit Required = £20

| Curriculum Areas Supported | Personal, Learning & Thinking Skills |
|--|--------------------------------------|
| Physical Development | Creative Thinkers |
| Knowledge & Understanding of the World | Team Workers |
| Communication, Language & Literacy | Effective Participants |
| Problem Solving, Reasoning & Numb racy | Self-Managers |

Year 10

Students in Year 10, in addition to the 4-day rotation option, can opt for a range of activities which are outlined on the following pages. The 4-day rotation will include a trip to Bristol Science Museum, a day at Quay West Water Park and two Give and Take sessions where students will be asked to give something to the local community in exchange for a session of Mountain Biking at Haldon Forest or Kite Sports at Exmouth Beach.

| Give & Take (Forest Clearing & Mountain Biking) | At Bristol Trip | Wet N Wild | Give & Take (Kite Sports & Beach Clearance) |
|---|-----------------|------------|---|
|---|-----------------|------------|---|

Give & Take (Forest Clearing & Mountain Biking)

Volunteering can be a very rewarding experience and enables you to give something back to our local community. Enjoy a day at Haldon Forest supporting the Rangers in their daily work to maintain the forest and the local habitat whilst also have the chance to explore the many trails by Mountain Bikes.





Explore-At-Bristol is the first of its kind - A true 21st century science centre combining the best of hands-on activities with the very latest multi-media techniques. In Explore-At-Bristol science is brought alive through stunning visuals and over 170 interactive experiences.

Wet N Wild (Quay West)

Whether you want the full on rush of the exciting drop slides and flume rides, the carefree fun of tube rides or just a splash in the pool and laze in the sun, Quay West has got something for everyone.



Give & Take (Beach Clearance & Kite Sports)



Volunteering can be a very rewarding experience and enables you to give something back to our local community. Enjoy a day at Exmouth beach which will include both a morning/afternoon of volunteering to support the clearing of the beach coupled with a Power Kite lesson.

Financial Contribution = £55 Deposit Required = £15

| Curriculum Areas Supported | Personal, Learning & Thinking Skills |
|--|--------------------------------------|
| Physical Development | Independent Enquirers |
| Knowledge & Understanding of the World | Team Workers |
| | Effective Participants |
| | Self-Managers |

Year 10 4 Day Activity Options

Surf's Up

Sand, sun, sea and surf...



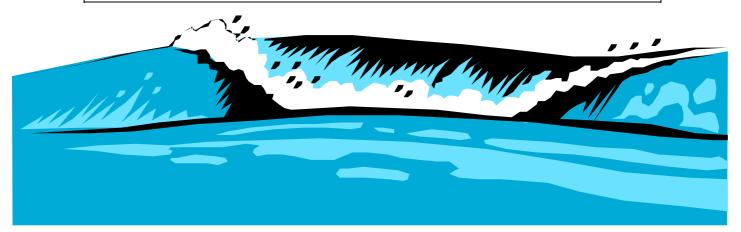
Ok all you surf dudes Now's your chance to walk the walk and ride that wave!

Spend the week surfing withone of our local surf providers.

Instruction, boards and wet suits included.

All students must be able to swim 50 meters unaided.

Leader: Mrs S Tucker Other Staff: Cost: £110 Deposit: £25 Max Number: 30 Min Number: 15 Venue: Bude, Cornwall Transport: Minibus/Coach



| Curriculum Areas Supported | Personal, Learning & Thinking Skills |
|--|--------------------------------------|
| Physical Development | Independent Enquirers |
| Knowledge & Understanding of the World | Team Workers |
| | Effective Participants |
| | Self-Managers |

Year 10 Make a Movie

Are you the next Stephen Spielberg? Brad Pitt? Julia Roberts?



| If you have any interest in the world of movies then this is the activity for you! During the week, you will script, storyboard, film and edit your own movie. And with our very own Oscars style Make A Movie awards ceremony (the MAMAs) at the end of the week, you will feel like a true movie star! | |
|--|--|
| The cost of the activity includes a copy of your own DVD to wow your friends and family with. | |
| Leader: Mrs E Britton Other Staff: Ms O Balue Cost: £25 Deposit: £10 Max Number: 30 Min Number: 12 Venue: St Luke's Transport: None required | |
| | |

| Curriculum Areas Supported | Personal, Learning & Thinking Skills |
|--|--------------------------------------|
| Creative Development | Independent Enquirers |
| Knowledge & Understanding of the World | Team Workers |
| | Effective Participants |

Year 10 Play Act

This is a cool drama week which involves acting workshops, including a circus skills day, a visit to London which will involve seeing a play at the Globe Theatre or a musical in one of the top London theatres (depending on student choice).

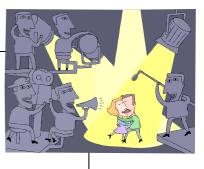




You'll also get the chance to see some of the major sites of London, including the London Eye, Tate Modern, St. Paul's, Trafalgar Square and have shopping time in Covent Garden.

It's a cool week for those of you who like drama and want to learn new things about the theatre as well as developing your acting skills.

Leader: Mr I Potts Other Staff: TBC Cost: £150 Deposit: £40 Max Number: 25 Min Number: 10 Venue: College & various Transport: Coach & train for trips





| Curriculum Areas Supported | Personal, Learning & Thinking Skills |
|--|--------------------------------------|
| Creative Development | Independent Enquirers |
| Knowledge & Understanding of the World | Team Workers |
| | Effective Participants |
| | Self-Managers |
| | |

Yr 10 Paperarts & Scrapbooking

A creative week discovering ways to make gorgeous decorative albums to store all your photos and memory items.

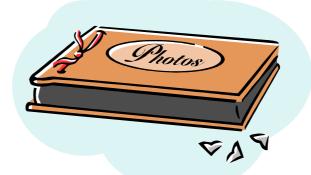




We will have a session from a guest designer on how to make greeting cards for lots of different occasions. We will have at least 8 different classes/sessions from making exploding photo boxes to decorated notebooks & photoframes. You will also get an album & lots of materials to keep.

Please come and see Mrs Humpherys for examples of things we will be creating.

Leader: Mrs K Humpherys Other Staff: Mrs R Wood Cost: £35 Deposit: £10 Max Number: 40 Min Number: 10 Venue: College Transport: None required



| Curriculum Areas Supported | Personal, Learning & Thinking Skills | | |
|----------------------------|--------------------------------------|--|--|
| Creative Development | Independent Enquirers | | |
| | Team Workers | | |
| | Effective Participants | | |
| | Self-Managers | | |

Spain 2010

Open to year 9 and 10 students only Exact dates and times to be confirmed but will fall within Activities Week



After popular demand the trip to Spain has returned! We shall be staying in a hotel in Calella, a compact, family resort north of Barcelona. Calella boasts a long golden beach, several cafes and shops and many snack bars and restaurants. The town has retained a typical Spanish character with the shopping area interspersed with tiny squares where the locals still socialize.

Our hotel is excellent and has a pool and buffet meals are served in the restaurant. The hotel is only 300 metres from the beach. Students will be accommodated in 3/4 bedded rooms, all with private bathrooms, air conditioning and TV.

We shall be taking a day's tour of Barcelona, with a city sightseeing tour visiting Parc Guell, the amazing Sagrada Familia Cathedral, the Olympic Village and a tour of the New Camp Stadium and museum – home of F.C. Barcelona, the biggest stadium in Europe. We shall also be visiting a water park which not only has slides of all heights but also boasts a dolphin and sea lion show (as well as a selection of raucous parrots which have a penchant for mini-bikes!). We shall of course, be visiting 'Port Aventura', Universal Studios theme park, which has five themed lands with amazing rides and attractions including the 'Dragon Khan' rollercoaster – not to be missed if you are brave enough!

Cost £460 includes:



Transport costs by air with coach transfers. Travel in Spain. All admission fees, travel insurance, excursions and half board accommodation for 4 nights / 5 days (breakfast and dinner in an excellent 3 star plus hotel. STUDENTS WILL BE RESPONSIBLE FOR OBTAINING THEIR OWN FULL BRITISH PASSPORT and AN E111 MEDICAL card. EXACT DATES & TIMES TO BE CONFIRMED.

> Leader: Mr K Giraudon Other Staff: Mrs L Farmer, Mr C Pollard, Miss A Baker Ms L Martin Cost: £460 Deposit: £120 (non refundable) Max Number: 50 Min Number: 40 Venue: Calella, Spain Transport: Coach & Plane

| Curriculum Areas Supported | Personal, Learning & Thinking Skills | |
|------------------------------------|--------------------------------------|--|
| Creative Development | Independent Enquirers | |
| Communciation, Language & Literacy | Team Workers | |

Effective Participants Self-Managers

Fun in France

Year 7 and 8 students only

4 nights 5 days full board Tuesday 20th July – Saturday 24th July 2010



This is a great opportunity to visit Normandy, a beautiful region of Northern France. We shall be staying in a French 18th century chateau-hotel in the heart of the Norman countryside 14km from Bayeux near the famous D Day Landing beaches of Utah and Omaha.

The chateau boasts 38 acres of private parkland, an outdoor heated pool (for which a qualified lifeguard is employed), a new grade A football/rugby pitch, tennis court, basketball court and 5 a side football facility.

Inside the chateau all bedrooms have en suite facilities and all rooms have fitted smoke alarms and both the main building and annex have emergency stairways and exits. Students will be able to share with their friends. No bedrooms are on the ground floor. A night porter provides 24-hour security.

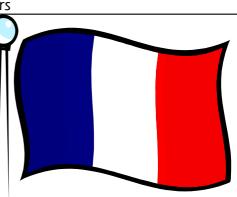
There is a restaurant, meeting rooms, a library, lounges and a disco area and a café/bar. The chateau is a safe haven for school groups and several activities will be available for our groups in the evenings which include sport activities as well as giant cluedo, quizzes, a disco, karaoke and amusing games and activities for every taste. There will be buffet breakfast and a cooked evening meal and packed lunches for our students when we are out on our day trips.

During the day we have laid on a programme of trips which include a visit to the D Day beaches and war cemeteries, a trip to a theme park and a visit to see the Bayeux tapestry and a day out at a local water park. This trip will allow our students to practice their French and to gain an understanding of modern history and geography as well as being able to enjoy all the leisure facilities on offer. This is an action-packed trip with opportunities for all students- not to be missed.

Leader: Ms Geeson Other Staff: Mr Coates, Mrs Fielding, Mrs Whittingham, Mr Egford Cost: £385 Deposit: £50 (non refundable) Max Number: 40 Min Number: 35 Venue: Calella, Spain



Transport: Coach & Ferry (Portsmouth to Caen or Cherbourgh)





Year 7 Student Booking Form

| l/we the parents/carers of | | | |
|---|--------------------|----------------------|--|
| In tutor group | | | |
| relevant deposit which I un | derstand to be non | -returnable. On sigr | Veek 2010 and enclose the ning this form we are aware d conditions of the selected |
| Please print full name | | | |
| Signed (Parent/Carer): | | Date | |
| | | | |
| Activity | Cost | Deposit | Please Tick First Choice |
| 4 – Day African Experience (on-site) | £25 | £10 | |
| On-site free Activity Programme | £0 | £0 | |
| Normandy Trip (Residential) | £385 | £50 | |

| Curri | culum Enric | hment Weel | < 2010 |
|---|------------------|--------------------|--------------------------|
| Year 8 Student Booking Form | | | |
| l/we the parents/carers of | | | |
| In tutor group | | | |
| Wish to make the followin relevant deposit which I aware of the costs involve selected activity. | understand to be | non-returnable. Or | n signing this form we a |
| Please print full name | | | |
| Signed (Parent/Carer): | | Date | |
| Activity | Cost | Deposit | Please Tick First |
| Rotational Activities (4 – Day) | £45 | £15 | Choice |
| On-site free Activity Programme | £0 | £0 | |
| Normandy Trip (Residential) | £385 | £50 | |

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Year 9 Student Booking Form

| l/we the parents/carers of | | | |
|--|---------------------|----------------------|-----------------------------|
| In tutor group | | | |
| Wish to make the following relevant deposit which I un of the costs involved and ha activity. | derstand to be non- | returnable. On signi | ing this form we are aware |
| Please print full name | | | |
| Signed (Parent/Carer): | | Date | |
| Activity | Cost | Deposit | Please Tick First Choice |
| Rotational Activities (4 – Days) | £70 | £20 | |
| On-site free Activity Programme | £0 | £0 | |
| Spain Trip (Residential) | £460 | £120 | |

Curriculum Enrichment Week 2010

| Year 10 Student Booking Form | | | | |
|--|-----------|---------------|-----------------------------|------------------------------|
| l/we the parents/carers of | | | | |
| In tutor group | | | | |
| Wish to make the followin relevant deposit which I un of the costs involved and h activity. | nderstand | to be non-ret | urnable. On signing this | form we are aware |
| Please print full name | | | | |
| Signed (Parent/Carer): | | | Date | |
| Activity | Cost | Deposit | Please Tick First Choice | Please Tick Second Choice |
| On-site free Activity Programme | £0 | £0 | | |
| Rotational Activities (4 – Days) | £55 | £15 | | |
| Surf's Up (4 – Days) | £110 | £30 | | |
| Play Act | £ | £ | | |
| PaperArt & | £25 | £10 | | |
| Scrapbooking | | | | |
| Fun with Computers | £20 | £5 | | |
| Make a Movie | £25 | £5 | | |
| Spain Trip (Residential) | £460 | £120 | | |