



Helping with Revision at Home

Success takes commitment from students to work independently, completing coursework and undertaking ongoing revision and exam preparation. Parents / Carers are in the best position to ensure that students are working effectively outside of College and your support can make all the difference!

Revision basics:



WHEN?

- NOW!! All Year 11 Students will be given Exam Timetables with deadlines / exam dates on so that they can plan their revision. All students have been given a Weekly Revision Planner and **This must be in use now** to avoid last-minute cramming that rarely works and is the cause of much stress!

WHERE?

- This might be at home, at school or the local library, or (sometimes) at a friend's house. Wherever it is, they should ensure that their study space is uncluttered and as free from distraction as possible, which means switching off mobile phones and Chat Sites!

HOW?

- 30 minute sessions with 5 min breaks is best. Plan to avoid missing favourite TV programmes or studying too late into the night. Aim to find a balance between subjects and personal commitments.
- Students should be 'summerising' information maybe into key words and definitions, put onto postcards or A4 sheets. Diagrams can help giving visual clues such as mind maps. Students can jot these down and stick them up around the house, or record them onto MP3/Mobiles and replay them as often as possible and where ever convenient.
- Use past papers for students to practise on to become more familiar with the sorts of questions that may arise and how to answer questions well – every subject can provide these, just ask!
- Parents / Carers and siblings can make great fact testers. Definitions come into a lot of learning, quiz each other and have a bit fun, ' 50:50'...phone a friend?
- Encourage students to treat themselves, even if this just means chatting to a friend or watching a programme at the end of a revision session.
- Fear, nerves and anxiety can rub off on other people. Students should only work with someone else if it's helping. If it's making them more stressed, then they should work alone.
- Why should students want to do well in their exams? It's not just about a target grade. Do they need certain results for the next stage of their life? This can be motivating and provide focus.

NEED MORE HELP?

- Staff will be covering revision work in lessons and each subject will provide extra curricular opportunities to support students (students will be informed of the extra curricular opportunities).
- Every student will have had sessions upon developing Study Skills and Exam Preparation in lessons and Tutorial time. In addition, the College Website has essential information, resources and guidance. Go to: <http://www.st-lukes.devon.sch.uk/studysupport.html>
- **Be FIT to SUCCEED! *Drinking water whilst revising can give a 20% increase in concentration levels! Also eating healthily with fresh fruit and vegetables will further support concentration. Daily physical activity will also help develop a healthy mind and body!***

Coursework:

Often, the students that achieve at and beyond their target grades are the students who complete their coursework to a high standard. Please be aware of the deadlines and meet them! Support is available at College, students just need to ask!

