



Do you want to
Save Money
&
Get Healthy?

FREE
refreshments

Come to our **FREE** *health numeracy* sessions
at

St Luke's Science and Sports College

6.00 – 7.30pm

starting **Monday 11th May** for 6 weeks

*Attending these sessions entitles you to take part in
our activity programme on Thursday evenings*

For more information and to book onto the course ring
Vicki Tearle on 01392 204600



Skilled for Health
The national strategy for integrating
health and learning skills