

## Skilled for Health Membership - Exeter



Name/s (please include names of all adults that will be attending from your household)

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Address

.....

.....Post Code.....

Telephone Number.....

Email Address.....

Please indicate below which Skilled for Health programme you want to attend and the preferred session times (please circle all that you are interested in attending);

Location	Activity	For children aged 5+				
St Luke's Science and Sports College  <b>21<sup>st</sup> Jan 2010 for 10 weeks</b>	Yoga* (4.30 – 6pm) Healthy eating** (6 – 8pm)  Dance, Pilates, Step etc (6-7pm)      Dance, Pilates, Step etc (7-8pm) Fitness (6 – 7pm)                                      Fitness/Circuits (7-8pm)	Multiskills				
St Peters Church of England aided school  <b>23<sup>rd</sup> Feb 2010 for 5 weeks</b>	Open evening (9 <sup>th</sup> Feb 2010, 6-7pm) Cookery Demonstration**  <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center;">Fitness (6-7pm)</td> <td style="width: 50%; text-align: center;">Fitness (7-8pm)</td> </tr> <tr> <td style="text-align: center;">Dance, Pilates, Step etc (7-8pm)</td> <td style="text-align: center;">Dance, Pilates, Step etc (6-7pm)</td> </tr> </table>	Fitness (6-7pm)	Fitness (7-8pm)	Dance, Pilates, Step etc (7-8pm)	Dance, Pilates, Step etc (6-7pm)	Multiskills
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Dance, Pilates, Step etc (7-8pm)	Dance, Pilates, Step etc (6-7pm)					
Ladysmith Junior <b>TBC</b>	Dance, Pilates, Step etc (6-7pm)	Multiskills				

\*No Multiskills session available during this activity

\*\*Children under 14 must be accompanied by an adult

Do you have any children (aged 5+) attending the Multi-skills session:

Childs name	Age	School
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.....	.....	.....

**I will be paying\***

In advance (£15) via:

- Cheque (please write your name on the reverse side of the cheque and attach it to this form)
- Cash

After the programme (From the registers we can see how many weeks you attended and give you a bill once the programme has finished)

\*Support is available with payments. Please contact Vicki on the details below

**If you are only attending new sessions then you do not need to worry about paying this time!**